



*A Collaborative Effort between Saint Mary and Sacred Heart Parishes*

## GOALS & OBJECTIVES

The following are the Goals and Objectives to be realized during the weekend of a Confirmation retreat sponsored by *Limitless Youth Ministry*:

Goal 1: To create an experience of community that will be an image of the communion of the Church so that young people can appreciate and value their commitment to the Church in requesting the Sacrament of Confirmation.

- At times during the weekend to engage them in group activities, icebreakers, or discussions that will build their appreciation of themselves and their classmates.
- Through a teen witness on **Prayer** and a series of small presentations on prayer to help them understand and learn various ways to pray from the tradition of the Church and to incorporate it in their daily lives.
- To have a teen present a witness talk on the value of **Community** and the difference that being involved in community service can make to the individual as well as to the community that receives the efforts of another.
- Through their interaction at meals, spending an overnight together as well as recreational time to appreciate the gift of communion and community in our lives.

Goal 2: To engage and involve them during the course of the weekend to recognize in their ordinary and human experiences their intrinsic self-worth, the presence of God, and his unconditional love for them and their classmates.

- Through the teen witnesses on **Why Retreat?**, **Self-Acceptance**, and **Jesus in My Life** to help them recognize the presence of the living Lord in their daily experiences.
- Through the gift of letters from parents, family and other friends (known as *palanca*) that they would understand their own worth and value and the difference they already make in another's life to be deepened by the commitment of Confirmation.

Goal 3: To provide the opportunity to experience the sacraments in a personal and meaningful way to deepen their personal relationship with the Lord Jesus.

- Through a teen witness on **Reconciliation** to help each retreatant to recognize the presence of sin in their life and also know the forgiving love of our merciful God in the grace of our Savior, Jesus Christ.
- To provide the opportunity for individual private confession by each retreatant during the course of the retreat.
- To use adoration and benediction of the Blessed Sacrament as an experience of the power and grace of this sacrament to connect to the living Christ in a personal way.
- Through a teen witness on the **Eucharist** and its placement as the conclusion of the weekend, to emphasize its importance and centrality of the Mass in our life as Catholics.

Goal 4: To help them discern and determine their commitment to our Catholic faith to be professed and confirmed by the Church's Sacrament through all of the previous objectives.